

Achievement Mentoring (AM)

ALSO KNOWN AS BEHAVIORAL MONITORING & REINFORCEMENT PROGRAM (BMRP)

2023



CENTER FOR
SUPPORTIVE
SCHOOLS



***School-based staff supporting
4th-11th grade students
through mentoring***

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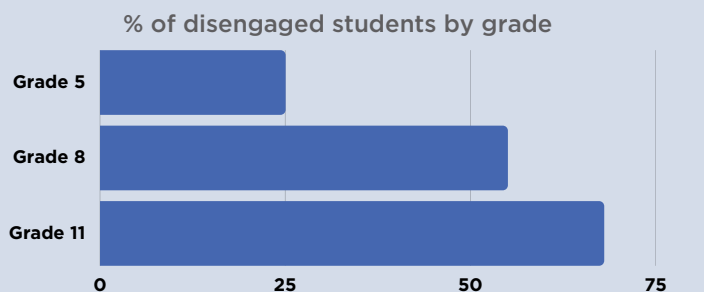


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TOGETHER, LET'S TURN AROUND THE DISENGAGEMENT CRISIS

The longer students stay in school, the less engaged they become.



Among students who drop out of high school:

47%

report being bored and disengaged

69%

were not motivated or inspired to work hard

Among students who had dropped out of school, just 41% had someone to talk to in school about personal problems; 62% said their school needed to do more to help students with problems outside of class.

PROVEN RESULTS, NO MATTER THE ZIP CODE

CSS's work directly addresses disengagement from school whether in urban, suburban, rural, economically disadvantaged, or more affluent communities.

CSS's work has been rigorously evaluated by research organizations, universities, and independent evaluators. Research findings indicate that, compared with non-participants, students who participate in CSS programs are more connected to school and to their peers, attend school more often, are more on-track to graduate on time, and exhibit a higher grade point average (GPA).

And we do this at the cost of only a few dollars per student.

CSS helps schools become places where students want to be.

We help leverage the resources in schools to create more caring and vibrant learning communities by:



Developing all students into leaders



Empowering teachers to collaborate with each other and with students



Engaging entire school communities to improve how learning happens


Partner with CSS

Together, we can nourish meaningful connections and open student-focused dialogue among all members of your school community.

For nearly 45 years, the Center for Supportive Schools has provided schools with solutions that enable and inspire students to become more engaged learners; develop positive social-emotional and healthy behaviors; and navigate pivotal transitions.

With you as part of our international network of schools, CSS gets closer to achieving its vision that one day, all children will thrive in schools that graduate them prepared for the rigors of college and a life filled with meaningful work, active citizenship, and personal fulfillment.





CSS is among the national leaders in developing resources within schools and communities. CSS brings out the leadership in everyone, and has proven methods for building skills and effectiveness. There is no organization that I admire more, or trust more, than CSS when it comes to working with the social-emotional needs of schools, parents, and youth.”

Dr. Maurice Elias

Director, Rutgers Social-Emotional
and Character Development Lab



A MODEL THAT WORKS
A CLOSER LOOK AT AM

EVIDENCE-BASED. RELATIONSHIP-DRIVEN.

Achievement Mentoring has undergone several scientifically rigorous studies to investigate the program's impact on key student outcomes. As compared to similar students who did not participate in the program, AM mentees demonstrated:



Higher rates of attendance

(while enrolled and after program completion)



More positive perceptions of teacher support



Higher rates of high school completion



Greater rates of employment



Greater sense of acceptance from classmates



Higher educational expectations and GPAs



Decreased drug use



Reduced likelihood of a disciplinary referral or juvenile arrest

HOW AM WORKS

Achievement Mentoring (AM), also known as Behavioral Monitoring & Reinforcement Program (BMRP) is a school-based prevention and intervention program for grades 4 through 11.

Achievement Mentoring promotes successful high school completion by matching students with a school-based, caring adult who will support, encourage, and advocate for their success.

The program goals are as follows:

- To awaken the mentee's passion about achieving life success – now and in the future;
- To support students in feeling connected to school in order to enhance their learning and academic achievement;
- To partner with students in navigating 1-2 potential barriers to high school completion;
- To teach effective problem-solving skills and support cultivation of positive habits and patterns of behavior.



AM AT-A-GLANCE

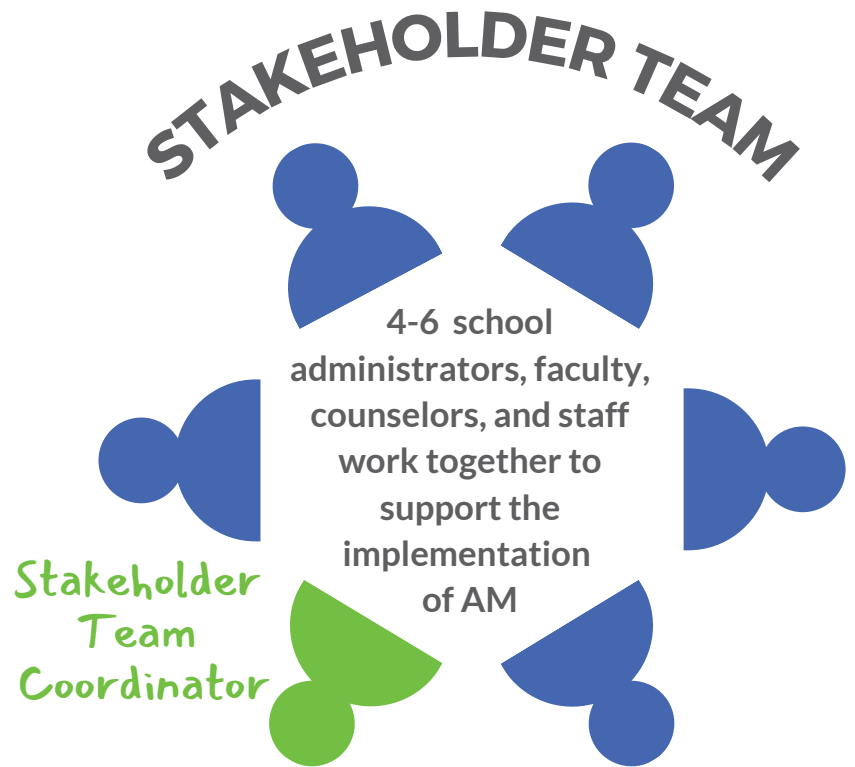
Program Model

Achievement Mentoring promotes successful high school completion by matching students with a school-based, caring adult who will support, encourage, and advocate for their success. At each participating site, the program is led by a Stakeholder Team Coordinator and can easily be integrated into a regular school setting. Ideally, the program intervention lasts for two years and requires caring, supportive, and consistent staff.

PROGRAM STRUCTURE

Mentors check in with their mentees and their mentee's teachers every week.

Each month, mentors also communicate with their mentee's parents/caregivers.



10 FACULTY/STAFF MENTORS



2-3 STUDENT MENTEES PER MENTOR



UP TO 30 MENTEES & FAMILIES PER SCHOOL

ACHIEVEMENT MENTORING TEAM ROLES

STAKEHOLDER TEAM

The Stakeholder Team is composed of 4-6 administrators, faculty, counselors, and other school staff and is led by a school-based Stakeholder Team Coordinator. The Stakeholder Team receives the training, tools, and resources necessary to implement and sustain Achievement Mentoring (AM) effectively year after year.

STAKEHOLDER TEAM COORDINATOR

The Stakeholder Team Coordinator is the primary liaison to the Center for Supportive Schools' staff. They communicate regularly with the school administration, connect with all stakeholder team members and mentors, participate in AM trainings, and oversee the progress of program implementation.

MENTEES

Mentees are carefully selected students who may benefit from additional support academically and/or behaviorally and meet weekly with their mentor.

Mentees receive mentoring support for two years by their mentor. Research studies have shown that it often takes two years to achieve the expected program outcomes; therefore it is essential to follow students for a two-year period.

CLASSROOM TEACHERS

Mentors talk with one teacher of each mentee for approximately 5 minutes to gather information on the following seven items: on-time arrival to class, had materials for class, completed classwork, was assigned homework, completed homework, had satisfactory behavior, and any recent grades. Mentors also solicit one positive comment from the teacher that can be shared with the mentee.

MENTORS

The Mentors are faculty members, who meet weekly with their mentees and need to be able to connect with students in ways that may be different from other roles and responsibilities within the school. Mentors:

- Meet with their 2-3 mentee(s) for at least 20 minutes each week
- Gather information by speaking with the teachers of mentee(s)
- Collect discipline and attendance data for each mentee each week
- Complete weekly online checklist of mentoring activities
- Participate in phone consultations with a CSS coach
- Contact the mentee(s) parent/caregivers each month
- Follow mentee(s) for two years

PARENTS/ GUARDIANS/ CAREGIVERS

Each parent/guardian/caregiver is contacted by the mentor once per month. At that time, the mentor will share with the parent/guardian/caregiver something positive about the mentee.

MORE THAN A PROGRAM

A Look into the Training and Support from CSS

“I have truly grown as a person through this experience and gained very helpful life skills that I can use daily. I have also strengthened my ability to be a leader, teacher, and role model. The job I have is to work with the "at-risk" students and through this program I can reach and connect with the other students too, which has been awesome!

- CSS Partner Educator

Training

- Stakeholder training to support program launch
- Three, one-day trainings to support mentors throughout the academic year

Curriculum

- Curricular resources to support weekly mentoring sessions, mentor-mentee kickoff and closure events, and parent/caregiver communication

Coaching

- One-hour monthly coaching meetings with a CSS consultant
- Ongoing, virtual and on-site coaching to support progress, fidelity, and effectiveness of planning, preparation, and/or implementation as needed.

VOICES OF AM MENTEEES

“Achievement Mentoring is helping me to stay more focused on my goals this year and gives me someone to talk to when I need advice and an engaged listener.”



“When I feel like there’s nobody who can help me, I always have that one person I can talk to.”



WE LOVE TO CONNECT!

If you are interested in learning more about partnering with CSS to bring one of our evidence-based programs, professional development series, or custom initiatives to your school, please reach out today!

**EMAIL US TO SCHEDULE
A FREE CALL**



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